

## **Time is of No Consequence**

- Shihan Dominick McCarthy 8th. Dan Zen Judo

"As a humble being, I try hard to pass on to others his marvellous skill. As the great man said. "It is for everyone". It is not confined to associations and committees. It spells freedom for all people. It eliminates fools who abuse it and allows the dedicated to prevail.

Time is of no consequence. You cannot be in a hurry on a round planet or, to put it nearer to home, why hurry when your not going out of the room in which you are practising. Love your practice and it will reward you."

Shihan Dominick Charles McCarthy 8th.Dan Zen Judo. (1918 - 1995 Founder of Zen Judo)

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